

News Release

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FOR IMMEDIATE RELEASE

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City of Las Vegas September 2006 ADAPTIVE RECREATION ACTIVITIES

(All activities are subject to change. List is not all-inclusive. Call centers near you for complete list of classes and activities. Most activities require advance registration.)

Adaptive Golf Lessons (ages7+)

Fridays, September 1-29, 4 to 5 p.m. Advance registration is required.

Fee: \$25 for 5 lessons, 1 each week for 5 weeks.

Las Vegas Golf Club, 4300 W. Washington Avenue, (702) 229-4903.

Contact Robert Murray at 229-4903 for information and advance registration.

Hula Bob Classic Golf Tournament (ages 17+)

Saturday, September 2, 8 a.m. Advance registration for the tournament is required.

Fee: \$60/person, includes one round of golf, cart rental, range card, practice balls, barbecue lunch. Las Vegas Golf Club, 4300 W. Washington Avenue, (702) 646-3003.

This annual golf tournament features a four-person scramble format with a shotgun start. Awards will be given to the top three finishers as well as for the longest drive and ball closest to the pin. Single-rider adaptive golf carts are available with advance request. Call (702) 229-4903 or e-mail rmurray@lasvegasnevada.gov for information or to register for the tournament.

Wheelchair Basketball (ages 16+)

Tuesdays, 6 to 8:30 p.m., beginning September 5.

John C. Fremont Middle School Gymnasium, 1100 E. St. Louis Avenue, (702) 229-4903. Sports wheelchairs and basketballs provided. No charge to participants. Bring water. Call for information.

BlazeSports Las Vegas (ages 7-adult)

Wednesdays, 6 to 8 p.m., beginning September 6.

Fee: Free

Charleston Heights Community School, 6438 Celeste, (702) 878-8644.

This sports program for children and adults with disabilities offers sports training and competitions. Focus is on wheelchair basketball, wheelchair tennis, wheelchair football, quad rugby, golf, swimming and track and field. The focus sports are rotated in five-week cycles. All equipment needed to participate is provided, including the all-court sport wheelchairs. Appropriate for novices and elite athletes alike. Call (702) 229-4903 for details.

Free Goalball Practice (visually impaired ages 7+)

Second Friday of each Month, 5:30 to 8:30 p.m., beginning September 8.

John C. Fremont Middle School Gymnasium, 1100 E. St. Louis Avenue.

Beginner and intermediate goalball players practice the second Friday of each month. Bring knee pads, goggles and water to drink. The remaining equipment will be provided. Reservations are required at least 2 days in advance. Call (702) 229-4796 for information and reservations.

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Mt. Charleston Camping Trip (developmentally disabled ages 22+)

Saturday and Sunday, September 9-10

Fee: \$30, includes 2 lunches, dinner, breakfast, beverages, tent and transportation.

Hike, camp out, learn about the great outdoors and have fun. Bring your own sleeping bag, flashlight, change of clothes and hiking boots. Advance reservations required. Call (702) 229-4796 for information and reservations.

Coed Power Wheelchair Soccer (ages 7+)

Wednesdays, 6 to 8:30 p.m., beginning September 20.

John C. Fremont Middle School Gymnasium, 1100 E. St. Louis Avenue, (702) 229-4796.

Participants must use electric wheelchairs with foot pegs (no scooters). The remaining equipment will be provided. No charge to participants. Volunteer assistants needed. Call for information.

Tandem Bike Rides (visually impaired ages 7+)

Fridays, 11 a.m. to 3 p.m., expected to begin September 22, depending on outdoor temperature.

W. Wayne Bunker Park, Tenaya Way at Alexander Road.

Fee: \$5.

Reservations required at least 2 days in advance. Call (702) 229-4796 for information and reservations. Program will continue each Friday, depending on weather.

Lorenzi Day of Play (up to age 17)

Saturday, September 30, 10 a.m. to 1 p.m.

Garden of Pioneer Women in Lorenzi Park, West Washington Avenue at Twin Lakes Drive Children of all ability levels will enjoy playing games outdoors for fun and prizes. A free barbecue lunch at noon will end the event. Reservations not required. For information or directions, call (702) 229-6358. This free event is held in conjunction with Nickelodeon's 3rd Annual Worldwide Day of Play program and is sponsored by the city of Las Vegas Department of Leisure Services. Both aim to promote wellness by encouraging healthy, active lifestyles.

Active TR Tailgate Party (all ages)

Saturday, September 30, 4 to 7 p.m.

Sam Boyd Stadium paved parking lot, south side near gate 12

Those with spinal cord injuries, and their accompanying family and friends, are invited to meet new friends at a tailgate party and barbecue dinner before the UNLV/UNR football game. The tailgate party is free, but tickets to the game are for sale at www.unlvtickets.com or by calling 739-3267. Call (702) 229-4796 for more information.

Wheelchair Rugby/Quad Rugby (adults)

Thursdays, 6 to 8 p.m.

Fee: Call for information.

John C. Fremont Middle School Gymnasium, 1100 E. St. Louis Avenue, (702) 229-4903.

The U.S. Quad Rugby Association Division II Sin City Skulls quad rugby team is looking for athletes. Open practices are held on Thursdays. Call for information.

R.E.A.L. Sports (age 18+)

Sports, recreation, education and athletics for a lifetime program are designed for developmentally disabled adults. Contact Jonathon Foster at (702) 229-4796 for information.

F.L.O.A.T.

Forming Leisure Opportunities using Aquatic Techniques is an adaptive aquatics program for people with and without disabilities. Call for dates, times and registration (702) 229-4796.

Basic Paddling Skills (ages 7+)

Fee: \$10 per lesson.

Lorenzi Park, West Washington Avenue at Twin Lakes Drive.

People of all ages and abilities learn how to paddle in a kayak or canoe. Lake Mead canoeing and kayaking clinics for groups of 20 or more may be arranged, priced at \$5 per person. Two week's notice is required to schedule an outing. Call (702) 229-4796 for details.

One-on-One Swim Lessons (ages 5+)

Fee: \$100 for six 30-minute lessons.

Private instruction is designed to meet the needs of people of all ages and abilities. Lessons at Pavilion Center Pool during summer and at Municipal Pool other months. Call (702) 229-4796.

G.O.L.F. – Golf Offers Lifetime Fun (ages 7-adult)

Individuals of all abilities can sign up for golf lessons, golf leagues and tournaments. For information, call Robert Murray at (702) 229-4903 or e-mail to rmurray@lasvegasnevada.gov.

New A.G.E. Program (age 22+)

Monday through Friday, 1:30 to 5:30 p.m. (except holidays).

Fee: \$35 for 5 days; \$28 for 4 days; \$21 for 1 to 3 days; \$10 additional monthly for special events. Lorenzi Adaptive Recreation Center, 3333 West Washington Avenue, (702) 229-5177.

An "after-work" recreation program for adults with developmental disabilities that offers varied activities and special events that promote individuality, self-esteem and independence. Call for information.

Outreach

For information on the following recreation opportunities and programs, please call (702) 229-4900.

Assistive Technology/Equipment Loan Program – adaptive equipment to rent.

Disability Awareness/Sensitivity Training – for your organization.

Informational and Educational Presentations – for your organization or agency.

Goalball Practices - Call (702) 229-4796 for information and reservations.

Lifetime Sports – Archery and disc golf lessons and Junior Olympic Development Program. Call (702) 229-1531.

Power Soccer – for power wheelchair users ages 5 to adult. Call for practice information.

Rock Climbing – Call 229-4900 for dates and information.

Tandem Bike Rides – Held on Friday afternoons. Call for dates and information.

Wheelchair Sports – includes basketball, fitness, football, softball and over-the-line. Call 229-4903 or 229-4796 for information.

Leisure Connection

Leisure Connection is a social group for high-functioning adults with developmental disabilities. The program provides recreational activities that promote socialization and independence in the community. Activities include bowling, movies, lunch and dinner outings, sports events and leisure education classes. Activity schedules are mailed out monthly to each participant. Reservations must be made in advance for each event. For more information, or to be placed on the activity schedule mailing list, call (702) 229-5177.

Lakeside Disabled Sports U.S.A.

Lakeside, a chapter of Disabled Sports U.S.A., provides recreational programs and sporting activities for individuals with disabilities and their friends. Call (702) 229-4900 for information and locations.